



The Practice of Greater Kan and Li: Techniques for Creating the Immortal Self

Mantak Chia, Andrew Jan

Download now

[Click here](#) if your download doesn't start automatically

The Practice of Greater Kan and Li: Techniques for Creating the Immortal Self

Mantak Chia, Andrew Jan

The Practice of Greater Kan and Li: Techniques for Creating the Immortal Self Mantak Chia, Andrew Jan

A guide to Taoist exercises to return to the Wu Wei state of mind and create the immortal spirit body

- Includes illustrated instructions to connect astral energy with the energies of animals, children, and plants to grow the immortal fetus, or spirit body
- Provides warm-up exercises and a complete daily Kan and Li routine
- Explores how these advanced formulas are used for astral flight and realization of the Wu Wei state

Building on the Lesser Kan and Li formulas for the development of the soul body, this book provides illustrated descriptions of the Greater Kan and Li formulas to create the immortal spirit body. Used by Taoist masters for thousands of years, these exercises are for advanced students of Taoist Inner Alchemy and mark the beginning of the path to immortality.

Master Mantak Chia and Andrew Jan reveal how to use Taoist inner alchemy to harness the energies of Sun, Moon, Earth, North Star, and Big Dipper and transform them to feed the soul body and begin development of the immortal spirit body. They explain how to reverse yin and yang power through energetic work at the solar plexus, thereby activating the liberation of transformed sexual energy. They explore how to open the heart center and how to connect astral energy with the energies of animals, children, and plants to grow the immortal fetus, or spirit body.

The authors provide warm-up exercises, including the Inner Smile and Fusion practices, and outline a complete daily Kan and Li routine for mental and physical health, longevity, astral flight, and realization of the Wu Wei state.



[Download The Practice of Greater Kan and Li: Techniques for ...pdf](#)



[Read Online The Practice of Greater Kan and Li: Techniques f ...pdf](#)

Download and Read Free Online The Practice of Greater Kan and Li: Techniques for Creating the Immortal Self Mantak Chia, Andrew Jan

From reader reviews:

Robert Hester:

The book The Practice of Greater Kan and Li: Techniques for Creating the Immortal Self make you feel enjoy for your spare time. You may use to make your capable much more increase. Book can to get your best friend when you getting strain or having big problem along with your subject. If you can make looking at a book The Practice of Greater Kan and Li: Techniques for Creating the Immortal Self to become your habit, you can get more advantages, like add your own personal capable, increase your knowledge about many or all subjects. You are able to know everything if you like open and read a publication The Practice of Greater Kan and Li: Techniques for Creating the Immortal Self. Kinds of book are a lot of. It means that, science reserve or encyclopedia or other folks. So , how do you think about this e-book?

Joshua Montgomery:

What do you about book? It is not important together with you? Or just adding material if you want something to explain what your own problem? How about your spare time? Or are you busy particular person? If you don't have spare time to try and do others business, it is give you a sense of feeling bored faster. And you have time? What did you do? Everybody has many questions above. They need to answer that question since just their can do which. It said that about reserve. Book is familiar on every person. Yes, it is suitable. Because start from on pre-school until university need this specific The Practice of Greater Kan and Li: Techniques for Creating the Immortal Self to read.

Shawn Croll:

The guide untitled The Practice of Greater Kan and Li: Techniques for Creating the Immortal Self is the guide that recommended to you to see. You can see the quality of the guide content that will be shown to you. The language that publisher use to explained their way of doing something is easily to understand. The copy writer was did a lot of research when write the book, so the information that they share to your account is absolutely accurate. You also could possibly get the e-book of The Practice of Greater Kan and Li: Techniques for Creating the Immortal Self from the publisher to make you a lot more enjoy free time.

Brian Register:

Do you have something that you prefer such as book? The publication lovers usually prefer to select book like comic, small story and the biggest you are novel. Now, why not trying The Practice of Greater Kan and Li: Techniques for Creating the Immortal Self that give your enjoyment preference will be satisfied by means of reading this book. Reading routine all over the world can be said as the opportunity for people to know world considerably better then how they react to the world. It can't be said constantly that reading behavior only for the geeky person but for all of you who wants to end up being success person. So , for all of you who want to start reading as your good habit, you can pick The Practice of Greater Kan and Li: Techniques for Creating the Immortal Self become your starter.

Download and Read Online The Practice of Greater Kan and Li: Techniques for Creating the Immortal Self Mantak Chia, Andrew Jan #A0JKDIWSRFU

Read The Practice of Greater Kan and Li: Techniques for Creating the Immortal Self by Mantak Chia, Andrew Jan for online ebook

The Practice of Greater Kan and Li: Techniques for Creating the Immortal Self by Mantak Chia, Andrew Jan Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read The Practice of Greater Kan and Li: Techniques for Creating the Immortal Self by Mantak Chia, Andrew Jan books to read online.

Online The Practice of Greater Kan and Li: Techniques for Creating the Immortal Self by Mantak Chia, Andrew Jan ebook PDF download

The Practice of Greater Kan and Li: Techniques for Creating the Immortal Self by Mantak Chia, Andrew Jan Doc

The Practice of Greater Kan and Li: Techniques for Creating the Immortal Self by Mantak Chia, Andrew Jan MobiPocket

The Practice of Greater Kan and Li: Techniques for Creating the Immortal Self by Mantak Chia, Andrew Jan EPub