



# **What Works with Children and Adolescents?: A Critical Review of Psychological Interventions with Children, Adolescents and their Families**

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## **What Works with Children and Adolescents?: A Critical Review of Psychological Interventions with Children, Adolescents and their Families**

*What Works with Children and Adolescents?* fulfils the need for a concise, empirically-based study of the types of psychological treatments that may be effective for common psychological problems in childhood and adolescence.

Providing a solid foundation for evidence-based practice in the treatment of children and adolescents, the book offers evidence from over 150 rigorously conducted research trials. Examining problems which are of central concern to practising clinicians - including child abuse, enuresis and encopresis, ADHD, childhood conduct problems, adolescent violence, drug abuse, anxiety and depression, anorexia and bulimia nervosa, paediatric pain, and post-divorce adjustment problems - it also highlights priority areas for future research on the treatment of children and adolescents' psychological problems.

*What Works with Children and Adolescents?* complements *The Handbook of Child and Adolescent Clinical Psychology* (Carr, 2006), and will be valuable to professionals in training.

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