



# Self-Esteem Games for Children

*Deborah Plummer*

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## **Self-Esteem Games for Children** Deborah Plummer

In this practical handbook, self-esteem expert Deborah Plummer offers a wealth of familiar and easy-to-learn games carefully chosen to build and maintain self-esteem in children aged 5-11.

The selection of games reflects the seven key elements of healthy self-esteem - self-knowledge, self and others, self-acceptance, self-reliance, self-expression, self-confidence and self-awareness - and includes opportunities for thinking and discussion. The book combines physically active and passive games, verbal and non-verbal games and games for pairs or groups, which makes them equally accessible for children with speech/language difficulties or those with physical disabilities. Deborah Plummer shows that the games can be easily adapted and she encourages readers to be creative in inventing their own alternative versions.

This is an ideal resource for teachers, parents, carers and all those working to nurture self-esteem in children.

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Playing with family in a very park, coming to see the sea world or hanging out with pals is thing that usually you may have done when you have spare time, in that case why you don't try issue that really opposite from that. A single activity that make you not feeling tired but still relaxing, trilling like on roller coaster you have been ride on and with addition associated with. Even you love Self-Esteem Games for Children, you may enjoy both. It is great combination right, you still desire to miss it? What kind of hang-out type is it? Oh can occur its mind hangout men. What? Still don't buy it, oh come on its referred to as reading friends.

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