



# Slap Happy: How to Play World-Beat Rhythms with Just Your Body and a Buddy

*Alan Dworsky*

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## **Slap Happy: How to Play World-Beat Rhythms with Just Your Body and a Buddy** Alan Dworsky

Slap Happy is for kids of all ages. It turns drum rhythms into body rhythms you can step, clap, and slap with a buddy. Right from the start, you'll be learning traditional dance rhythms from West Africa and the Caribbean: Kuku from Guinea, Sunguru Bani from Mali, Kpegisu from Ghana, Bomba from Puerto Rico, and Conga from Cuba. You can do Slap Happy in pairs or in groups, indoors or out, at home or at school. If you're a parent, it's a great way to do something fun and educational with your kids that doesn't require any previous musical training. If you're a music teacher, you can use Slap Happy to give your students a hands-on experience of world rhythms without having to buy any instruments. It's physical, it's funky, and it's fun! Please note: audio files of the CD that comes with the print version of this book are not included in this ebook version (but are available separately).



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