



## **Sleep Deprivation: Basic Science, Physiology and Behavior (Lung Biology in Health and Disease)**

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Analyzing ground-breaking research, this reference highlights the impact of sleep deprivation on the well-being of the individual and society-presenting current theories on the function of sleep, the effects of sleep deprivation on patients with medical and psychiatric conditions, as well as providing interpretative and methodological results in comparative studies of sleep deprivation.



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