



Mermeladas, Jaleas y Chutneys (Spanish Edition)

Inés García Durán

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Las mermeladas resultan de la cocción de frutas a las que se les ha agregado azúcar para lograr un producto más bien espeso. Las jaleas, por su parte, son mezclas gelificadas de jugos de fruta y azúcar, en cuya cocción generalmente se dejan las semillas debido a que aportan pectina, lo cual ayuda a que tomen consistencia gelatinosa. Por último, los chutneys son una suerte de mermelada picante y agridulce de origen oriental, donde las frutas se mezclan con especias varias y el vinagre o el limón le conceden un atractivo toque ácido. Este libro contiene las más sabrosas recetas para elaborar caseramente estas delicias.



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