



Eros Ascending: The Life-Transforming Power of Sacred Sexuality

John Maxwell Taylor

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***FINALIST, USA Best Books 2010 Awards – Spirituality & Self-Help: Relationships

The quest for lasting love is one of life's essential pursuits, in some ways the most essential. But it's also a quest that's impossible to separate from spiritual and sexual needs. In *Eros Ascending*, author John Maxwell Taylor offers a wide-ranging study of sexual dysfunction in society and explains how healthy sexuality can be an entryway to universal love and higher consciousness. Based on Taylor's twenty-three-year experience with Taoist practices, the book presents an engaging analysis of love, relationships, and sexuality from spiritual, romantic, and sexual perspectives. Taylor melds essential ideas by Jung, Gurdjieff, and Taoist Master Mantak Chia with science, biology, spiritual tradition, and current popular culture to shed new light on this eternal yet misunderstood subject. Not just for couples, the book is equally useful for single people who want to understand the methods for "learning to love yourself" in preparation for a fulfilling, long-term relationship. Taylor draws on his eclectic background as a successful playwright, composer, actor, and musician in this persuasive plan for converting ordinary sexual energy into food for the soul.

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Gloria Wells:

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