



Nuts: 50 Tasty Recipes, from Crunchy to Creamy and Savory to Sweet

Patrick Evans-Hylton

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This nuts cookbook covers everything from nut butters and nut milks to sweet and savory dishes, showing home cooks how to make nuts a delicious part of a healthy diet. Whether it's introducing nuts to a fresh salad or making homemade nut butters and nut milks, the 50 recipes in this beautifully photographed cookbook show off the many possibilities of nuts in the kitchen. The book focuses on the nine most commonly available nuts: almonds, cashews, hazelnuts, macadamia nuts, peanuts, pecans, pine nuts, pistachios, and walnuts and includes nut butters, nut milks (almond milk is easier than you think), snacks (trail mix and more), savory entrées (e.g., Lamb Chops with Pistachio Gremolata), and desserts (Macadamia Chocolate Rum Balls and Dark Chocolate Pine Nut Brittle, anyone?). Eating healthy never tasted so good.

From the Hardcover edition.



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