



# The Wisdom of the Overself: The Path to Self-Realization and Philosophic Insight, Volume 2

*Paul Brunton*

Download now

[Click here](#) if your download doesn't start automatically

# **The Wisdom of the Overself: The Path to Self-Realization and Philosophic Insight, Volume 2**

*Paul Brunton*

## **The Wisdom of the Overself: The Path to Self-Realization and Philosophic Insight, Volume 2** Paul Brunton

Inspired by Paul Brunton's years spent with sages in Asia, *The Wisdom of the Overself* and its companion volume *The Hidden Teaching Beyond Yoga* were written at the request of these remarkable teachers, who recognized that Brunton had a significant role to play in the transmission of traditional wisdom to the West. Here is a profound re-creation of these teachings, brought to life and made accessible by Brunton's insights. In print since the 1940s, Brunton's works are considered to be among the most comprehensive, clear, and practical guides on the path to enlightenment.

Brunton unfolds the grand vision for human development by investigating consciousness as the source of all experience; how to move from ego-centered life to the transcendent reality; the interplay of karma, free will, and grace; the nature of evil and suffering; how to awaken intuition and penetrative insight; the passage through death to rebirth; and psychic experiences and mystic visions. He also provides seven ultramystic exercises to open the door to higher consciousness, including a healing meditation on the sun; practices for transforming the future, dream, and sleep; and a meditation on the timeless self. These techniques lead to the deepest spiritual realizations—to the true "Wisdom of the Overself."

This new edition has been updated to incorporate Brunton's final revisions. It includes a new foreword plus supplementary reading material selected from the author's archives by the Paul Brunton Philosophic Foundation.

### **Contents**

Foreword by the Paul Brunton Philosophic Foundation

1. Prefatory
2. The Meaning of Mentalism
3. The Birth of the Universe
4. Studies in Dreams
5. The Metaphysics of Sleep
6. The Secret of the "I"
7. The Scorpion of Death
8. The Immortal Overself
9. The Shadows of Evil and Suffering
10. The War and the World
11. The World-Mind
12. The Unveiling of Reality
13. Initiation into Mystical Experience
14. The Yoga of the Discerning Mind
15. The Mystical Phenomena of Meditation
16. Some Fruits of Philosophy

Appendix: Additional Resources from The Notebooks of Paul Brunton, Compiled by the Paul Brunton Philosophic Foundation Editors

*From the Trade Paperback edition.*

 [\*\*Download\*\* The Wisdom of the Overself: The Path to Self-Realization.pdf](#)

 [\*\*Read Online\*\* The Wisdom of the Overself: The Path to Self-Realization.pdf](#)

## **Download and Read Free Online The Wisdom of the Overself: The Path to Self-Realization and Philosophic Insight, Volume 2 Paul Brunton**

---

### **From reader reviews:**

#### **Bobbi Gonzales:**

Do you certainly one of people who can't read pleasant if the sentence chained inside straightway, hold on guys this particular aren't like that. This The Wisdom of the Overself: The Path to Self-Realization and Philosophic Insight, Volume 2 book is readable through you who hate the perfect word style. You will find the details here are arrange for enjoyable reading through experience without leaving possibly decrease the knowledge that want to provide to you. The writer of The Wisdom of the Overself: The Path to Self-Realization and Philosophic Insight, Volume 2 content conveys the idea easily to understand by lots of people. The printed and e-book are not different in the information but it just different available as it. So , do you nonetheless thinking The Wisdom of the Overself: The Path to Self-Realization and Philosophic Insight, Volume 2 is not loveable to be your top record reading book?

#### **Waldo Gates:**

The book The Wisdom of the Overself: The Path to Self-Realization and Philosophic Insight, Volume 2 has a lot associated with on it. So when you make sure to read this book you can get a lot of profit. The book was written by the very famous author. This articles author makes some research just before write this book. This kind of book very easy to read you may get the point easily after scanning this book.

#### **Ray Chung:**

Do you really one of the book lovers? If yes, do you ever feeling doubt if you are in the book store? Attempt to pick one book that you never know the inside because don't judge book by its handle may doesn't work here is difficult job because you are scared that the inside maybe not as fantastic as in the outside appearance likes. Maybe you answer is usually The Wisdom of the Overself: The Path to Self-Realization and Philosophic Insight, Volume 2 why because the fantastic cover that make you consider regarding the content will not disappoint you actually. The inside or content is usually fantastic as the outside or even cover. Your reading 6th sense will directly direct you to pick up this book.

#### **Gary Clark:**

What is your hobby? Have you heard that will question when you got scholars? We believe that that issue was given by teacher for their students. Many kinds of hobby, All people has different hobby. And you know that little person just like reading or as studying become their hobby. You need to understand that reading is very important as well as book as to be the factor. Book is important thing to incorporate you knowledge, except your own teacher or lecturer. You find good news or update with regards to something by book. Amount types of books that can you choose to adopt be your object. One of them is this The Wisdom of the Overself: The Path to Self-Realization and Philosophic Insight, Volume 2.

**Download and Read Online The Wisdom of the Overself: The Path to Self-Realization and Philosophic Insight, Volume 2 Paul Brunton #LO2H3GJ8BU9**

## **Read The Wisdom of the Overself: The Path to Self-Realization and Philosophic Insight, Volume 2 by Paul Brunton for online ebook**

The Wisdom of the Overself: The Path to Self-Realization and Philosophic Insight, Volume 2 by Paul Brunton Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read The Wisdom of the Overself: The Path to Self-Realization and Philosophic Insight, Volume 2 by Paul Brunton books to read online.

### **Online The Wisdom of the Overself: The Path to Self-Realization and Philosophic Insight, Volume 2 by Paul Brunton ebook PDF download**

**The Wisdom of the Overself: The Path to Self-Realization and Philosophic Insight, Volume 2 by Paul Brunton Doc**

**The Wisdom of the Overself: The Path to Self-Realization and Philosophic Insight, Volume 2 by Paul Brunton MobiPocket**

**The Wisdom of the Overself: The Path to Self-Realization and Philosophic Insight, Volume 2 by Paul Brunton EPub**