



Twitch And Shout: A Touretter's Tale

Lowell Handler

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"Wonderful, compassionate, funny, instructive, inspiring and flat-out brilliant," said *The New York Daily News* about the award-winning 1995 documentary film, "Twitch and Shout." Narrator, associate producer, and photographer for that project, Lowell Handler has lived with Tourette's Syndrome his entire life. Once thought to be a sign of possession, this neurological disorder causes sudden jerking movements and tics, as well as an uncontrollable propensity to curse.

In this revealing memoir Handler tells of how Tourette's has shaped his life and provides insight into the strange symptoms that are often debilitating and alienating. As the title suggests, *Twitch and Shout* is no plea for pity; it is a heartfelt and often humorous effort to reclaim and humanize a disorder that can keep others at a distance.

* An excellent resource for students of psychology

"Touching...an insightful account of the pain and triumph that one person experienced making peace with the limitations of his existence." --*The New York Times Book Review*

"A mind-bending account of a mind-boggling affliction" --*Entertainment Weekly*

"Lowell Handler writes with enormous honesty, humor and gusto. This is a most engaging inside account of a life, a rich and creative life, with Tourette's." --Oliver Sacks

"Very droll...an ever so honest memoir of life with Tourette's Syndrome." --*Elle*

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