



Slow Cooker Double Dinners for Two: Cook Once, Eat Twice! (Slow Cooking for Two)

Cynthia Graubart

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As most cuts of beef and chicken are sold in packages designed to serve 4 or more, Graubart has designed *Double Dinners for Two*, eliminating leftovers and waste. Her recipes use slow cooker liners as separate cooking bags to cook two different recipes in the same 3 1/2-quart slow cooker at the same time. The home cook can create two completely different dinners at the same time in the same slow cooker—one for dinner tonight and one for a future meal that's not a leftover!

Cynthia Graubart, James Beard Award winner, is the author of *Slow Cooking for Two* and the coauthor of four books, including *Mastering the Art of Southern Cooking* (2013 James Beard Award) and *Southern Biscuits*, both with Nathalie Dupree. Her first book was *The One-Armed Cook: Quick and Easy Recipes, Smart Meal Plans, and Savvy Advice for New (and not-so-new) Moms*. Graubart is also a culinary television producer and cooking teacher. She lives in Atlanta.

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