



Healthy and Simple Asian Recipes: For Delicious Everyday Meals (Learn to Cook Series)

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With its clear defined photos and easy to read recipes, *Healthy and Simple Asian Recipes* contains everything you need to know to create over 50 delicious, easy, and authentic vegetarian dishes. This cookbook contains recipes for a variety of dishes that are both healthy and appetizing. *Healthy and Simple Asian Recipes* features recipes for appetizers, salads, soups, noodles, rice, poultry, meat, fish, vegetables, and tofu. Recipes include:

- Thai green papaya salad
- Chinese hot & sour soup
- Vietnamese chicken noodle soup
- Beef in sweet soy broth
- Grilled Tutaki tuna
- Mapo tofu
- Vegetable biryani rice
- Chinese pickled vegetables

Also included are unit conversion tables, dual measurements, and an overview of the basic necessities for cooking authentic, simple, and appetizing Asian food. Each recipe includes cook time, prep time, and serving sizes. Enjoy!



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