



# **Ebersole & Hess' Gerontological Nursing & Healthy Aging - Elsevier eBook on VitalSource (Retail Access Card), 3e**

*Theris A. Touhy DNP CNS DPNAP, Kathleen F Jett PhD GNP-BC*

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- Focus on health and wellness establishes a positive perspective to aging.
- Careful attention to age, cultural, and gender differences are integrated throughout to help you understand these important considerations when caring for older adults.
- Healthy aging strategies maximize the healthiest behaviors of clients with dementia and their caregivers.
- Consistent chapter organization includes learning objectives, research, and study questions/activities to make information easy to find and use.
- Incorporates assessment guidelines throughout provide useful tools for practice.
- End-of-chapter activities and discussion questions help you expand your knowledge and understanding of the content.
- Resource lists provide you with additional means to explore ways to care for the older adult.
- Incorporates the core competencies identified by the AACN and the Hartford Foundation Institute for Geriatric Nursing.
- Healthy People 2010 boxes assist you in integrating knowledge about healthy aging considerations.
- Evidence-Based Practice boxes summarize research findings that confirm effective practices or identify practices with unknown, ineffective, or harmful effects.
- Expanded sexuality-related content includes older adults living with AIDS and STDs.
- Genetics section reflects the emergence of the role of genetics in gerontological assessment.

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