



# The Supermarket Sorceress: Spells, Charms, and Enchantments Using Everyday Ingredients to Make Your Wishes Come True

*Lexa Roséan*

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Do you have a problem that needs fixing? A wish that needs granting? A desire for love, a need for protection, or maybe just great parking? Look no further than the local grocery store! Experienced psychic, witch, and high priestess Lexa Roséan offers spells for every occasion in this amusing, magically effective, and easy-to-follow guide. Formulating spells based on history and legend, Lexa tailors tried-and-true Ancient Magick to the modern reader, substituting hard-to-find wild ingredients with their supermarket counterparts, resulting in spells that are simple and inexpensive. By following some simple rules--performing spells at a certain time of month, using fresh ingredients, with a specific intent--Lexa makes it possible for even the most inexperienced spell caster to successfully perform magick and get results.

The Supermarket Sorceress is the first in a series of four books offering spells and enchantments using simple grocery-store ingredients. Originally published in 1996, this updated version includes new and revised spells and an introduction looking back 20 years and reflecting on the circumstances that inspired the original publication and launched the "Supermarket Sorceress" identity.

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