



Broken and Battered

Muriel Canfield

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If you or someone you know is in an abusive relationship, this book will show you a way out.

The life of an abused woman is one of fear, pain, and isolation. Not only is she victimized by the man she loves, she is often disbelieved and abandoned by friends and family. Broken emotionally and battered physically, she is left feeling as if there is *no way out*. But there is a way out, and this powerfully courageous book leads the way. Refusing to gloss over the terrible realities of abuse, this book shares the true stories of abused women while exploring the male rational behind abuse and the reasons women minimize or deny the extent of their abuse. The book goes on to discuss practical issues such as court procedures and child custody as well as offering a step-by-step safety and escape plan.

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