



Coaching Girls' Soccer: From the How-To's of the Game to Practical Real-World Advice--Your Definitive Guide to Successfully Coaching Girls

John DeWitt

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Coach Girls for Success on and off the Field

Girls rule! Coaching girls' soccer is a challenge and also a wonderful experience. Witness a game-winning penalty kick or a goalie who saves an almost unstoppable ball, and you can't help but be inspired. The effort, pride, and enjoyment on the players' faces are great rewards for parents and often the signs of a good coach—the type of coach you want to be. So how can you get there?

Perfect for coaches of girls up to age 13, *Coaching Girls' Soccer* includes everything you need to be an outstanding coach and mentor to your team. Whether you are a seasoned coach looking to fine-tune your skills or a rookie eager to take the field running, you'll discover techniques for success that are tailored specifically to the needs of girls, including:

- Drills and strategies for coaches new to the world of coaching soccer
- Tips on what girls want and need from their soccer experience
- Practical suggestions on how to motivate in a positive and encouraging way
- Advice for helping girls deal with their changing bodies
- And much more!

Now *you* can be a coaching winner and help bring out the best in your players, both on the soccer field and in the game of life.

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Alyssa Lewis:

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