



Idioms of Sámi Health and Healing (Patterns of Northern Traditional Healing)

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The Sámi—indigenous people of northernmost Europe—have relied on traditional healing methods over generations. This pioneering volume documents, in accessible language, local healing traditions and demonstrates the effectiveness of using the resources local communities can provide. This collection of essays by ten experts also records how ancient healing traditions and modern health-care systems have worked together, and sometimes competed, to provide solutions for local problems. Idioms of Sámi Health and Healing is one of the first English-language studies of the traditional healing methods among the Sámi, and offers valuable insight and academic context to those in the fields of anthropology, medical anthropology, transcultural psychiatry, and circumpolar studies. Idioms of Sámi Health and Healing is the second volume in the Patterns of Northern Traditional Healing series.

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