



# **Art in Psychoanalysis: A Contemporary Approach to Creativity and Analytic Practice (The International Psychoanalytical Association Psychoanalytic Ideas and Applications Series)**

*Gabriela Goldstein*

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A revolution is brewing in psychoanalysis: after a century of struggle to define psychoanalysis as a science, the concept of psychoanalysis as an art is finding expression in an unconventional 'return to Freud' that reformulates the relationship between art and psychoanalysis and in this process, discovers and explores uncharted routes through art to re-think problems in contemporary clinical work. This book explores recent contributions to the status of psychoanalytic thought in relation to art and creativity and the implications of these investigations for today's analytic practice. The title, 'Art in Psychoanalysis', reflects its double perspective: art and its contributions to theory and clinical practice on the one hand, and the response from psychoanalysis and its "interpretation" of art. These essays expose the "aesthetic value of analytic work when it is able to 'create' something new in the relation with the patient". The authors surprise the reader with an immense array of fresh and stimulating hypotheses which reflect the originality of their own creative process that has overturned ideas including the 'application of psychoanalysis' to art and the entity of the object of art. Clinical advances and implications for analytic theory, creativity and the 'function of art' may be anticipated, since constant reference to clinical work communicates the creative spirit of analysts at work today. They show how the interplay of psychoanalysis and art implicit in the analyst's know-how promotes the analysand's creative potential within the analytic process. This dialogue between contemporary psychoanalysis and art enriches and renews our knowledge of psychoanalytic phenomena, particularly the new modes of psychopathology. Composed in the manner of a fresco or a symphony, some chapters are conceptually tight whereas others are more open and interpretive. Some salient topics are an inversion of "Form and Content," and the "subtle movement" involved expressing affects beyond words, provoked by art. The different ways art transmutes personal history and the "limits of interpretation" are investigated. The sublime and the uncanny are revisited and an extended metapsychology of creativity is developed. The investigation of time in art reveals a "transitional time". The introduction of art in the analytic situation explores "fragments of a complex world" bordering on "curative phenomena" relating health to madness. A construction called an "Ego Alter" emerges from analytic work. This new creation, like the riddles and enigma of creativity, opens its secret world that lies between love, strangeness and alienation.

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