



Die Empty: Unleash Your Best Work Every Day

Todd Henry

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*"One of the best books of the year. Passionate, practical and powerful, Todd will help you do more and do it better, starting right now." - Seth Godin, author of *The Icarus Deception**

Most of us fill our days with frantic activity, bouncing from task to task, scrambling to make deadlines and chase the next promotion. But by the end of each day we're often left wondering if any of it really mattered. We feel the ticking of the clock, but we're unsure of the path forward.

Die Empty is a tool for people who aren't willing to put off their most important work for another day. Todd Henry explains the forces that lead to stagnation and introduces practices that will keep you on a true and steady course.

The key is embracing the idea that time is finite, so you should focus on the unique contribution to the world that only you can make. Henry shows how to sustain your enthusiasm, push through mental barriers, and unleash your best work each day.



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