



Don't Get Poisoned: Protect Yourself from Wilderness Toxins

Buck Tilton

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A clear and compact guide to North America's poisonous plants, insects, reptiles, and other wilderness toxins.

Stay safe on outdoor adventures with this handy companion resource for all things poisonous found in the wild. This latest addition to the Mountaineers bestselling DON'T! series shares detailed information on biting and stinging insects and reptiles (snakes, spiders, and ticks oh my!), as well as on poisonous plants and other naturally occurring toxins. Veteran outdoor author Buck Tilton covers everything from ingested toxins, such as water hemlock and mushrooms, to inhaled substances including carbon monoxide and desert fungus. And don't forget the most commonly thought of nuisance in the woods poison ivy! Armed with Tilton's expertise, a trek into the woods will be safe, sound, and itch-free.

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