



Patellofemoral Disorders: Diagnosis and Treatment

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Patellofemoral complaints are a major problem for all those working in sports medicine and orthopaedics. The correct diagnosis at an early stage is essential if subsequent treatment is to be successful and secondary complications are to be avoided.

Written by an internationally known team of experts this book looks at the various diagnostic techniques currently available, cites examples of unsuccessful treatments and proposes the most appropriate ones on the proven basis of the latest research. The core of the book is the 20 case studies ranging from simple non-operative treatment to multi-operated patients with salvage procedures. The underlying theme of the book is that treatment of patellofemoral problems must, in the first instance, be somewhat conservative. Surgical interventions should be performed in a response to a clear underlying pathology and only after non-operative treatment has failed.

Patellofemoral Disorders is enhanced by the inclusion of some superb specially drawn illustrations and numerous colour photographs in the case studies section.

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