



Gender-based Violence and Depression in Women: A Feminist Group Work Response (SpringerBriefs in Social Work)

Deborah Western

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????Social workers, in whatever capacity they work, can expect to come into contact with women who have experienced/are experiencing violence and with women who are experiencing depression. Therefore, a range of social work supports and interventions are required in order to meet the needs of diverse women and assist them in their recovery. One of these methods is group work where women can share their experiences, learn from each other, reflect on their learnings and identify and achieve changes in their circumstances. This book is based on original research by the author that sought to understand depression in women from a feminist and gender-informed perspective, develop a feminist-based group work response, and highlight the activities of consciousness-raising and resistance as methods for women to achieve change in their lives and in their selves. An innovative and creative group work program, the Women's Journaling Group Program, was developed from this research and provides a new method of working with women who have experienced/are experiencing violence and mild-moderate depression. The Women's Journaling Group Program is research-informed, theoretically-grounded, practice-based and feminist and gender-focused. This book, and the program model within it, is an important contribution to the field of critical feminist social work practice.?



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