



Sexualidad y discapacidad psíquica (Educación y terapia sexual) (Spanish Edition)

Raúl González, Sara Gonzalo

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En los últimos años la calidad de atención y servicios en las personas con discapacidad ha avanzado notablemente. Se habla de vida independiente, planificación centrada en la persona, autodeterminación, habilidades adaptativas, etc., es decir, situaciones y actuaciones que años atrás resultaba difícil ni siquiera plantearse. Sin embargo, ¿se aplica esto igualmente al área de la sexualidad? Lamentablemente, aún hoy, la sexualidad de las personas con discapacidad psíquica sigue siendo un tema tabú que, cuando menos, causa controversia o directamente es negada.

Esta obra muestra la realidad de las personas con discapacidad psíquica como personas sexuadas, con necesidades y deseos, y la erótica que expresan. Así mismo, se hace hincapié en la necesidad de que tanto profesionales como familiares entiendan, respeten y aborden los temas relacionados con esta área de forma que puedan ofrecer los apoyos asistenciales y educativos oportunos para que las personas con discapacidad puedan vivir su sexualidad de forma libre y satisfactoria.

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